



# Girls Lacrosse Summer Camp

Take this opportunity over the summer to fine-tune the basics and improve your game. At camp you will:

*Sharpen your stick skills.  
Develop your individual defensive skills.  
Improve shooting power and accuracy.  
Work on your speed and agility.  
Have fun!*

**Director:** Alex Whitworth, Current PVI head coach, Former D1 Player

**Coaches:** PVI coaching staff & current players

**Who can sign up?** Girls in grades 2-rising 9<sup>th</sup>

Beginners and experienced players are welcome!

**When:** June 26-29, 9am-12pm

**Where:** PVI Stadium Field

**Cost\*:** Early registration \$150 before May 15th, after May 15th \$175, walk-ups \$200

Includes t-shirt and other daily prizes!

**What do I bring?** Lax stick, goggles, mouthguard, sneakers, water bottle, snack

**Register Online at [pvigirlslax.net](http://pvigirlslax.net) starting May 1st**

Make checks payable to: Paul VI High School  
Attn: Girls Lacrosse  
10675 Fairfax Blvd  
Fairfax, VA 22030

**Questions or Concerns, Please email Alex Whitworth @ [awhitworth@paulvi.net](mailto:awhitworth@paulvi.net)**

Name:		DOB:	
Parent Email:		Grade:	
Phone:		Lax Experience:	T-shirt Size:
I understand that lacrosse is a contact sport. I accept that there is risk of injury while playing or practicing the sport of lacrosse. I knowingly assume all risks associated with participation, even if arising from the negligence of the participants or others, and assume FULL responsibility for my participation. I authorize the PVI lacrosse staff to act for me according to their best judgment in any emergency requiring medical attention.			
Parent Name:	Emergency Contact #		
Parent Signature:	Second Emergency Contact #		

\* Sibling discount - \$25 per sibling.

\*No refunds will be issued after June 1st