



# Girls Lacrosse Summer Camp

**Take this opportunity over the summer to fine-tune the basics and improve your game. At camp you will:**

*Sharpen your stick skills.  
Develop your individual defensive skills.  
Improve shooting power and accuracy.  
Work on your speed and agility.  
Have fun!*

**Director:** Alex Whitworth, Current PVI head coach, Former D1 Player

**Coaches:** PVI coaching staff & current players

**Who can sign up?** Girls in grades 2-rising 9<sup>th</sup>

Beginners and experienced players are welcome!

**When:** June 25-28 9am-noon

**Where:** PVI Stadium Field

**Cost\*:** Early registration \$175 before June 1st, \$200 after June 1st

Includes t-shirt, ball, and other daily prizes!

**What do I bring?** Lax stick, goggles, mouthguard, sneakers, water bottle, snack

**Register Online at [pvigirlslax.net](http://pvigirlslax.net) starting May 1st**

Make checks payable to: Paul VI High School

Attn: Girls Lacrosse

10675 Fairfax Blvd

Fairfax, VA 22030

**Questions or Concerns, Please email Alex Whitworth @ [awhitworth@pvipanther.net](mailto:awhitworth@pvipanther.net)**

\* Sibling discount - \$25 per sibling.

\*No refunds will be issued after June 1st